



# LOCKHEED MARTIN DIVE CLUB

## News

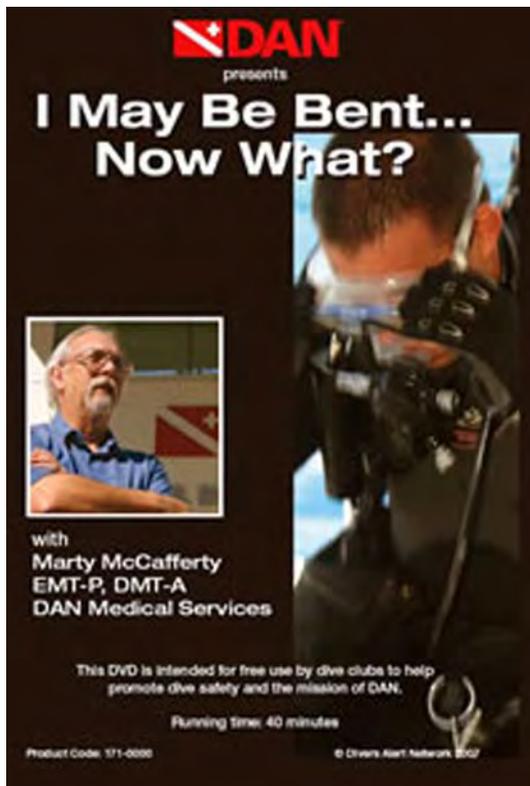
June 2008



### June Meeting

## DAN Video: I May Be Bent . . . Now What?

Due to technical difficulties, we did not get to view this Divers Alert Network (DAN) video at our April meeting. So, come to our June 10th meeting for Take 2 of a very informative video about diving safety and health produced by Divers Alert Network (DAN). It features Marty McCafferty EMT-P, DMT-A, who is a DAN Medical Information Specialist. As such, he works the staff emergency hot line. He's been a paramedic for many years, including working in an emergency room, and is a recreational dive instructor.



The title of the video is "I may be bent . . . now what?". In it, Marty tells us what to do, what to expect, and how to prevent it. He sets the stage by

reviewing the reasons why we dive. He says it's for fun, adventure, unique sights, connection with nature, and some risk. Last year, there were 1000 reported diver injuries in the US and Canada, and 100 deaths. One in 40,000 divers get injured.

Some of these incidents were due to getting bent. Decompression illness is evidenced by a broad spectrum of signs and symptoms and includes both arterial gas embolism and decompression illness, or "The Bends". Marty says "You can still get bent . . . even if you follow 'the rules'".

This video will help us recognize the signs, but not diagnose the cause. The key is to respond quickly. Our role in a potential dive accident is to recognize signs and symptoms, provide standard care within one's level of training, and to facilitate transfer to a higher level of care.

Plan on attending the June 10th meeting to learn more on this important subject.

We'll be gathering at around 6:30 p.m., with the evening's presentation beginning at 7:00 p.m. Afterwards, we hold our "formal" meeting covering **CLUB** business and member trip reports, followed by our great door prizes.



The meeting will be at Joe's Crab Shack, which is located at 4601 South Semoran Boulevard in Orlando [phone (407) 658-9299]. It's south of SR 408 (the East-West Expressway) on the east side of SR 436, between Pershing and Gatlin.

## President's Column

Hello fellow divers,

This past month we conducted the election for the officers and board members of the **Club**. I would like to start out by thanking all of those who helped with the election, especially Cheryl Berry for putting together the election process when we came up short-handed after our Director at Large was unable to continue, and Al and Nancy Wileden for conducting the election process at the meeting. In between the casting and counting of the ballots, Al and Nancy provided an entertaining video and discussion about their recent trip to Hawaii and the Manta Ray night dive. It was great, guys! Thank you.

I was pleased to see the level of participation we had this year in the election. With so many people involved and trying to make the **Club** as great as possible, I think we are in for an excellent year. I know I speak for all the officers and board members when I ask you to continue your enthusiasm and commitment to the **Club** and our activities. We invite you to get as involved with **Club** activities as your time and energy will permit.

If you have any questions or suggestions about the **Club** or our activities, feel free to contact any of the officers or board members listed below.

Please check out the upcoming activities planned for you this season at our website: [www.martindiveclub.org](http://www.martindiveclub.org).

Don't forget to join us and bring a friend to Joe's Crab Shack, 4601 S Semoran Blvd., Orlando on Tuesday, June 10th. This month's program will be the complete version, including audio, of the DAN video "I Might Be Bent . . . Now What?"

Keep diving and enjoy the adventure!

*Jim Kennedy*

### From the Internet



*Man's best dive buddy*

## Your Club Leadership

|                                          |                |
|------------------------------------------|----------------|
| President<br><b>Jim Kennedy</b>          | (352) 874-3305 |
| Vice President<br><b>Wendy McCleskey</b> | (407) 273-6655 |
| Secretary<br><b>Nancy Wileden</b>        | (407) 971-8525 |
| Treasurer<br><b>Denise Aldridge</b>      | (407) 568-2060 |
| Director at Large<br><b>Cherie Berry</b> | (407) 760-0906 |
| Board of Directors                       |                |
| <b>Chuck Brown</b>                       | (407) 856-0026 |
| <b>Mike McCleskey</b>                    | (407) 808-6453 |
| <b>Bill Paskert</b>                      | (407) 356-2290 |

### Committee Chairs

All open until appointed by the new Board

# 2008 Activities

Below is information on several of our planned activities. Please refer to the following schedule and trip flyers for further details and contact information.

## Venice Beach, June 21

The absolute cut-off date for the Venice Beach dive is June 10. The trip is in peril of being cancelled. If you want to go, Bill Fidler needs your money otherwise he will have to release the hotel rooms we have reserved and cancel the trip.

## Key Largo Diving - 3 days in July

This trip has been cancelled.

## Key Largo Diving - August 8-10

The trip has not met the minimum number of participants required as of this date. With the anticipated great weather and fun we expect everyone will have a great time. Time is short, so get your dive buddy and enjoy some beautiful diving in your own backyard. Get your deposit to George McGuire today

## KSC Barracudas

KSC Barracudas is our sister club. We can participate in their activities on par with their members and they in ours. Their activity schedule is posted on their website; the link is shown on our schedule.

## Lockheed Martin Dive Club 2008 Activity Schedule

| Date       | Event                                                                                                                                | Contact                                     | Participants | Deposit Amount | Cut-off Date            | Total Cost |
|------------|--------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|--------------|----------------|-------------------------|------------|
| Jun 7 - 14 | <b>Cozumel</b><br>Note: the price does not include airfare<br><a href="mailto:geopatmcg@embarqmail.com">geopatmcg@embarqmail.com</a> | George McGuire<br>407-677-4242              | 12           | \$150          | Sold out                | \$855      |
| Jun 21     | <b>Venice Beach Shark Teeth Hunt</b><br><a href="mailto:wfidler@divingforfun.com">wfidler@divingforfun.com</a><br><b>LAST CHANCE</b> | Bill Fidler<br>407-658-4797<br>972-467-8314 | 12           | \$75           | Jun 10<br><b>see ad</b> | \$75       |
| Jul 3-6    | <b>Key Largo Diving, 3 days</b><br><a href="mailto:geopatmcg@embarqmail.com">geopatmcg@embarqmail.com</a>                            | George McGuire<br>407-677-4242              | 8            | \$230          | <b>Cancelled</b>        | \$465      |
| Aug 8-10   | <b>Key Largo Diving, 2 days</b><br><a href="mailto:ggeopatmcg@embarqmail.com">ggeopatmcg@embarqmail.com</a><br><b>LAST CHANCE</b>    | George McGuire<br>407-677-4242              | 8            | \$165          | Jun 17<br><b>see ad</b> | \$335      |

### IN DEVELOPMENT

| Date      | Event                                                                                                                 | Contact                                              | Participants | Deposit Amount | Cut-off Date | Total Cost  |
|-----------|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|--------------|----------------|--------------|-------------|
|           | <b>Jupiter 3-tank Friday dive</b>                                                                                     |                                                      |              |                |              |             |
| Oct 24-26 | <b>Fantasy Fest, Key West</b><br><a href="mailto:mike.mccleskey@e-components.com">mike.mccleskey@e-components.com</a> | Mike McCleskey<br>407-808-6453                       | 20           | TBD            | TBD          | \$200, est. |
| Nov       | <b>Snorkel with the Manatees</b><br><a href="mailto:cheryl.berry@lmco.com">cheryl.berry@lmco.com</a>                  | Cherie Berry<br>(o) 407-306-5919<br>(c) 407-760-0906 | 12           | TBD            | TBD          | TBD         |
| Dec 7     | <b>Holiday Party</b><br><a href="mailto:wendy@maid4u.net">wendy@maid4u.net</a>                                        | Wendy McCleskey<br>407-273-6655                      | 40           | \$0            | Nov 30       | \$25, est.  |

For information on dive trips by the KSC Barracudas Dive Club, please see their website:

<http://www.mindspring.com/~cudas/home.html>

# Venice Beach - Shark Teeth Hunt - June 21, 2008

Bring the whole family and join us for a fun day of treasure hunting. You do not have to be a certified diver to have fun on this trip. If you are not a diver, bring your mask, fins, and snorkel, floatie or your boogie board and play in the surf while divers enjoy searching the bottom of the sand for treasure (prehistoric shark teeth). Some of the treasures we will be looking for are prehistoric lemon shark teeth (including the massive Megalodon teeth which can reach sizes over 7 inches, ribs of dugongs (ancestors of present day manatees), fossilized inner ear bones of dolphins and whales, and teeth from prehistoric horses, alligators, whales and many others.

**When:** Saturday, June 21. Diving will begin around 9:30 AM, and we will conclude around 4 PM. Dive as long as you would like. Bring your gear and tanks.

**Where:** Service Club Park, Venice FL, approximately 2.5 - 3 hours southwest of Orlando. Directions and contact information will be provided prior to trip.

Bring your pop-up canopy and folding chairs. A 10- by 10-foot shade canopy and a large ice chest filled with bottled water will be provided for the group. A 2-wheel dolly will also be available to help carry dive gear to and from the beach.

**Dive Operator:** None. All dives will be shore dives. Our support dive shop for this trip will be



Florida West Scuba School (<http://www.floridawest-scuba.com>). Store hours are 9 AM to 5 PM. They have 80 CF tanks available for rent: air costs \$10 and Nitrox (36%) is \$14; refills: air for \$4 and Nitrox for \$10.

**Lodging:** One night of lodging (double occupancy) at the nearby Holiday Inn (<http://www.hotelveniceflorida.com>).

**Breakfast:** Breakfast will not be provided, but the hotel offers a full service restaurant.

**Lunch:** We will order sub combo meals from Publix's Deli and eat on the beach.

**Dinner:** Dinner will not be provided. However, if people would like to relax and visit and reminisce about the activities enjoyed during the day before heading home, we could all meet at Sharky's on the Pier (<http://www.sharkysonthepier.com>).

**Trip Costs:** \$75 per person. The price DOES NOT include tanks, weights, or personal dive equipment.

Full payment is due at sign-up. The sign-up deadline is Tuesday, June 10. Checks should be made payable to William Fidler and sent to him at 14379 Rockledge Grove Court, Orlando FL 32828.



**Contact:** William (Bill) Fidler; office: 407-658-4797, cell: 972-467-8314, [wfidler@divingforfun.com](mailto:wfidler@divingforfun.com)

# Key Largo Diving

## August 8 - 10

**LAST CHANCE**



Stay in beautiful Kawama Tower. We will be using George McGuire's condo and others as determined by the size of our group. Each condo has two bedrooms, two full baths, a complete kitchen, a living and dining area, a balcony and at least four separate adult-size beds. More pictures of George's condo:

<http://octoeight.smugmug.com>



*Dive Operation: Conch Republic Divers (<http://www.conchrepublicdivers.com>). Because they have two boats, we will be able to choose to dive reefs or wrecks. They have showers and facilities to rinse and store dive gear overnight. Package includes two-night accommodations based on four divers per condo, two 2-tank reef dives (Saturday and Sunday mornings), and air. Wreck dives are available for a \$5 surcharge per trip.*

Non-divers sharing a bed with a diver can be accommodated free of charge, IF there is space available AND there are four paying divers in the condo.

Details: August 8 - 10, \$335 per diver

**Full payment by June 17;** send your check to: George at 9811 Lake Georgia Drive, Orlando FL 32817

Kawama Tower is a private condominium building on the Ocean side in Key Largo.

Available additional cost options:

Nitrox - \$7.50/tank at 32% O<sub>2</sub>

Additional dives: afternoon and evening at progressively discounted prices.

Extra time in Kawama: \$225/condo/night (tax included)

Contact: George McGuire at (407) 677-4242;  
[geopatmcg@embarqmail.com](mailto:geopatmcg@embarqmail.com)



# Riviera Beach Trip

## May 31

On the early morning drive down, we ran into some scattered rain. Luckily, when we reached the Riviera Beach area the skies were clear with a slight northwesterly breeze at 5 to 8 mph and the temperature was a balmy 75 degrees. To the group's surprise, there was a large sport-fishing tournament going on in the marina that made parking a little more trouble. All eight of the divers showed up at the 7:30 AM arrival time to fill out paperwork and store gear on the dive boat. We left the dock shortly after 8:15 AM and headed north towards Jupiter to our first dive site.

As we headed out of the inlet, we encountered some 3- to 4-foot seas. Once we passed the inlet area, the rough waters were not as apparent, so we relaxed and visited while enjoying the 40-minute boat ride to Juno Ledge.



Riviera Beach, FL, May 31, 2008  
Dive Site: Juno Ledge  
Hawksbill Turtle  
© Diving For Fun

The Juno Ledge dive site is a long reef running from south to north approximately 3 miles offshore that starts in 65 feet of water and drops to 85 feet. We all jumped in with anticipation of seeing sharks. The water temperature on the bottom was a very comfortable 78 degrees, and the current was mild, running from south to north. We drifted across the top of the ridge and occasionally dropped over the edge to see spectacular fish huddled under the ledge. We saw a couple of hawksbill turtles, several queen angelfish, and a variety of small, beautifully colored reef fish. A few of us were lucky enough to see a 4- to 5-foot reef shark at the end of the dive.

After all the divers boarded the boat safe and sound, we idled toward the second dive site while enjoying cold drinks and snacks as we reminisced about the critters and fish we saw.



Riviera Beach, FL, May 31, 2008  
Dive Site: Shark Canyon  
Reef Shark  
© Diving For Fun

After an hour surface interval, we geared up for our second dive at Northwest Doubles Shark Dive or as the locals call it "Shark Canyon." The dive site is a reef ledge system running from south to north approximately 3 miles offshore that starts in 73 feet of water and drops to 90 feet. The dive site is located just south of Juno Ledge. We all jumped in and headed down with our eyes wide open, hoping to see more spectacular sea life. The current was mild running from south to north, making the dive very nice and pleasant. On this dive, we encountered another hawksbill turtle, a small loggerhead turtle, three reef sharks cruising over the reef, and more spectacular reef fish.

Again all the divers boarded the boat, and we relaxed and enjoyed sandwiches, chips, and cold



Riviera Beach, FL, May 31, 2008  
Dive Site: Shark Canyon  
Reef Shark  
© Diving For Fun



Riviera Beach, FL, May 31, 2008  
 Dive Site: Shark Canyon  
 Hawksbill Turtle  
 © Diving For Fun

drinks on the boat. Our captain gave us a choice for our third dive between another reef or a wreck where we might encounter a goliath grouper. The group unanimously chose the wreck dive. As our surface interval went over an hour, we geared up and jumped in on an artificial reef. The reef was made up of a 125-foot freighter, a barge, and an old Rolls Royce located 1 mile offshore in 80 feet of water. As we entered the water, we immediately had to drop to the bottom so we would not miss the site. The current had picked up to moderate, running from southeast to northwest, and unless you

were tucked in behind something you were pushed across the site very quickly. We searched the barge area and found no signs of a goliath grouper. As we left the wreck area, we did find a juvenile highhat, a spotted moray eel, rock beauties, and an abundance of beautiful reef fish.



Riviera Beach, FL, May 31, 2008  
 Dive Site: Artificial Reef  
 Rock Beauty  
 © Diving For Fun

After we boarded the boat from the last dive, we stored our gear and relaxed while enjoying the short 15-minute boat ride back to the dock. Everyone had a great time and was ready to head out for his or her next diving adventure, whenever the chance arises.

*Bill Fidler*



Riviera Beach, FL, May 31, 2008  
 Dive Site: Shark Canyon  
 Porcupinefish  
 © Diving For Fun



Riviera Beach, FL, May 31, 2008  
 Dive Site: Artificial Reef

### **LMDC Connections**

We have a telephone voicemail account. Got a question about the **CLUB**? Want to let us know that you'll be attending a **CLUB** meeting? Just call (407) 306-5020 and leave a message!

Check out all the great dive information on our **CLUB** home page at: [www.martindiveclub.org](http://www.martindiveclub.org).

### **Editor's Corner**

Thanks for all your help. You've been great at getting articles to me by the 15th of the month. Please get them to me in one of the following ways:

- Call me at (407) 356-2290 and sneaker-net your text and graphics on disk to me at MP-93
- E-mail at work: [william.paskert@lmco.com](mailto:william.paskert@lmco.com); or at home: [wpaskert@cfl.rr.com](mailto:wpaskert@cfl.rr.com)

## Beneath the Blue Heron Bridge

A dive beneath the Blue Heron Bridge over Lake Worth almost always reveals a rare creature. This month's picture is of an Atlantic black sea hare (*Aplysia morio*). The creature is so uncommon that it does not appear in the 1999 edition of Paul Humann's Reef Creature Identification book.



## Coming Soon to the *LMDC* Website . . .

Member Art Beaulieu, a professional photographer, recently photographed the *Club* cameras and merchandise to post on the website with descriptions so that we are aware of what's available for rent or purchase.

There will also be a 'For Sale' section. If you have some gear that you'd like to sell, take a picture of it, write a short description, and send it to our webmaster, Stuart Gibson for posting ([isityourround-2night@yahoo.com](mailto:isityourround-2night@yahoo.com)).

Check the website in June for the unveiling of this new feature! Many thanks to Art for his time and expertise, and to his assistant, Torey McCleskey.



### **LOCKHEED MARTIN DIVE CLUB**

MP-93

1249 Sunflower Trail

Orlando FL 32828

(407) 306-5020

[www.martindiveclub.org](http://www.martindiveclub.org)

## Upcoming Events

- Jun 7-14     **Trip:** Cozumel - George McGuire
- Jun 10     **Meeting:** DAN Video - "I May Be Bent . . ."
- Jun 21     **Trip:** Venice Beach Shark Teeth - Bill Fidler
- Jul 8     **Meeting:** TBD
- Aug 8-10   **Trip:** Key Largo - George McGuire
- Aug 12     **Meeting:** Cozumel - George McGuire

June 2008